

COMPONENT	OBJECTIVES	COMPETENCY
I Origin and Development	<ol style="list-style-type: none"> List historical facts relative to the origin and development of selected team sports. 	<ol style="list-style-type: none"> The student can discuss the history of selected team sports.
II Rules and Terminology	<ol style="list-style-type: none"> List and explain the rules of selected team sports. (PE.A.1.4.1) Define the terminology related to selected team sports. 	<ol style="list-style-type: none"> Student can discuss rules and terminology of selected team sports.
III Safety Practices	<ol style="list-style-type: none"> List and demonstrate safety practices appropriate for selected team sports. (PE.B.1.4.1)(PE.B.2.4.1) List possible injuries that might result from following inappropriate safety practices in selected team sports. (PE.B.1.4.1)(PE.B.2.4.1) Describe and demonstrate proper warm-up and cool-down procedures appropriate for selected team sports. 	<ol style="list-style-type: none"> The student can demonstrate appropriate safety practices related to selected team sports.
IV Fitness Activities	<ol style="list-style-type: none"> List and explain how the health-related components of physical fitness that are increased through the application of training principles in selected team sports. Exhibit an improved or maintained level of health-related fitness as measured by nationally norm, district approved standardized test of health-related fitness. 	<ol style="list-style-type: none"> The student can demonstrate an improved level of health-related fitness.

COMPONENT	OBJECTIVES	COMPETENCY
<p>V Fundamental Skills</p>	<ol style="list-style-type: none"> 1. Demonstrates fundamental skills in selected team sports. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 2. Demonstrates fundamental skills in basketball including: passing, catching, shooting, dribbling, and defensive techniques. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 3. Demonstrate fundamental skills in flag football including: passing, receiving, kicking, snapping the ball, stances, ball carrying, and blocking. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 4. Demonstrate fundamental skills in flickerball including: passing, catching, and running. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 5. Describe and demonstrate fundamental techniques in gatorball including: passing, catching, trapping, dribbling, kicking, and heading. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 6. Describe and demonstrate fundamental skills in soccer including: kicking, heading, passing, throw-in tackling, dribbling, shooting, and goal keeping. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 7. Describe and demonstrate fundamental skills in softball including: throwing, batting, base running, infield and outfield play, and pitching. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 8. Demonstrate fundamental skills speed ball including: passing, catching, dribbling, lifting, kicking, tackling, trapping, and heading. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 9. Demonstrate fundamental skills in volleyball including: dig, serve, pass, spike, set, dink, bloc, and stance. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 	<p>A. The student can demonstrate a functional skill level in selected team sports.</p>

COMPONENT	OBJECTIVES	COMPETENCY
VI Techniques	<ol style="list-style-type: none"> 1. Demonstrate appropriate techniques applied to selected team sports. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 2. Demonstrate appropriate techniques applied to basketball including: passing, catching, shooting, dribbling, and defensive skills. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 3. Demonstrate appropriate techniques applied to flag football, including: passing, receiving, kicking, snapping the ball, stances, ball carrying, and blocking. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 4. Demonstrate appropriate techniques applied to flickerball games including: passing, catching, and running. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 5. Demonstrate appropriate techniques applied to gatorball including: passing, catching, trapping, dribbling, kicking, and heading. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 6. Demonstrate appropriate techniques applied to soccer games including: kicking, heading, passing, thrown-in tackling, dribbling, shooting, and goal keeping. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 7. Demonstrate appropriate techniques applied to softball games including: throwing, catching, batting, base running, infield and outfield play, and pitching. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 8. Demonstrate appropriate techniques applied to speedball games including: passing, catching, dribbling, lifting, kicking, tackling, trapping, and heading. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 9. Demonstrate appropriate techniques applied to volleyball games including: pass, dig, serve, spike, set, dink, bloc, and stance. (PE.A.1.4.1)(PE.A.2.4.1)(PE.A.2.4.2)(PE.B.1.4.4) 	<p>A. The student can demonstrate appropriate techniques specific to selected team sports.</p>

COMPONENT	OBJECTIVES	COMPETENCY
VII Strategies	<ol style="list-style-type: none"> 1. Describe and demonstrate strategies utilized in selected team sports including: offensive and defensive play, position on court or field, and systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 2. Describe and demonstrate strategies utilized in flag football including: offensive and defensive play, portions of the field systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 3. Describe and demonstrate strategies utilized in flickerball including: offensive and defensive play, position on the field, and systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 4. Describe and demonstrates strategies utilized in gatorball games including: offensive and defensive play, position of field, systems of play, and selected game situations. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 5. Describe and demonstrate strategies utilized in soccer including: offensive and defensive play, position of field, systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 6. Describe and demonstrate strategies utilized in softball including: offensive and defensive play, position on field, systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 7. Describe and demonstrate strategies utilized in speedball including: offensive and defensive play, position on field, systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 8. Describe and demonstrate strategies utilized in volleyball including: offensive and defensive play, position of court, systems of play. (PE.A.2.4.3)(PE.B.2.4.2)(PE.B.2.4.3) 	A. The student can demonstrate appropriate game strategies applied to selected team sports.

COMPONENT	OBJECTIVES	COMPETENCY
VIII Consumer Issues	<ol style="list-style-type: none"> 1. List consumer issues related to selected team sports, including: selection and purchase of equipment, care and maintenance of equipment and facilities, and selection of additional instruction. (PE.A.3.4.5) 2. Identify available community resources providing opportunities for participation in selected team sports. (PE.A.3.4.5) 	<p>A. The student can recognize consumer issues related to selected team sports.</p>
IX Values	<ol style="list-style-type: none"> 1. Demonstrate a positive attitude toward selected team sports, both as a participant and an observer as a lifetime activity. (PE.C.1.4.1)(PE.C.1.4.2)(PE.C.1.4.3)(PE.C.2.4.1)(PE.C.2.4.2)(PE.C.2.4.3) 	<p>A. The student can list five values derived from participation in selected team sports.</p>