

Florida Department of Education
CURRICULUM FRAMEWORK

Program Title: Home and Family Management
Occupational Area: Family and Consumer Sciences

PSAV
Program Numbers **C200101**
CIP Number 0920.010100
Grade Level 30, 31
Length 150 hours
Certification GEN HME EC @2 @4
VOC HME EC @2 @4
HOMEMAKING @2 @7 G
HME EC OCC @7 G
HOME EC 1 @ 2

Basic Skills Grade Level
Math 9
Language 9
Reading 9

- I. **MAJOR CONCEPTS/CONTENT:** The purpose of this program is to prepare students for the occupation of homemaker (309.354-010), realizing the dual roles of males and females as homemakers-wage earners, and emphasizing the acquisition of knowledge and the development of attitudes, and skills relevant to individual and family life or to provide training for persons in the occupation of homemaker.

The content includes, but is not limited to, the establishment and maintenance of a satisfying home and family life, including decision making regarding human and material resources; social and economic influences on individual and family management; values, goals, and standards; family economics; and the organization of activities in the home as a means of successfully combining the roles of homemaker and wage-earner.

In order to provide for the needs of adult students, the Home and Family Management Program at the postsecondary level may be divided into 45 clock hour courses with the following suggested titles:

Parenting in the Family
Personal and Family Relationships
Housing, Home Maintenance and Repair
Computers in the Home
Family Clothing and Household Textiles
Entrepreneurship in the Home
Family Nutrition and Foods
Family Finance and Resource Management

- II. **LABORATORY ACTIVITIES:** Instruction and learning activities are provided in a laboratory setting using hands-on experiences with the tools and materials appropriate to the program content and in the use of equipment including large and small kitchen equipment, laundry, and cleaning equipment, sewing machines, personal computers, and software.

III. **SPECIAL NOTE:**

The concern for balancing work and family responsibilities is addressed as employability skills.

This program may be offered in courses. Vocational credit shall be awarded to the student on a transcript in accordance with Section 230.643 F.S.

Cooperative training - OJT is appropriate for this program. Whenever cooperative training - OJT is offered, the following are required for each student: a training plan, signed by the student, teacher, and employer, which includes instructional objectives and a list of on-the-job and in-school learning experiences; a workstation that reflects equipment, skills and tasks that are relevant to the occupation which the student has chosen as a career goal. The student must receive compensation for work performed.

SCANS Competencies: To accomplish the Secretary's Commission on Achieving Necessary Skills (SCANS) competencies, instructional strategies for this cluster must include methods that require students to identify, organize, and use resources appropriately; to work with each other cooperatively and productively; to acquire and use information; to understand social, organizational, and technological systems; and to work with a variety of tools and equipment. Instructional strategies must also incorporate methods to improve students' personal qualities and higher-order thinking skills.

When a secondary student with a disability is enrolled in a vocational class with modifications to the curriculum framework, the particular outcomes and student performance standards which the student must master to earn credit must be specified on an individual basis. The job or jobs for which the student is being trained should be reflected in the student's desired postschool outcome statement on the Transition Individual Educational Plan (Transition IEP).

The standard length of this program is 150 hours.

IV. **INTENDED OUTCOMES:** After successfully completing this program, the student will be able to:

OCCUPATIONAL COMPLETION POINT - DATA CODE A
HOMEMAKER - 309.365-010

- 01.0 Analyze the physical, emotional, intellectual and social growth and development of family members.
- 02.0 Manage interpersonal relationships.
- 03.0 Plan for childcare and parenting.
- 04.0 Manage human and material resources.
- 05.0 Provide for health, safety, and security.
- 06.0 Manage finances for the home and family.
- 07.0 Plan, prepare and serve nutritious foods.

- 08.0 Plan, provide, and care for clothing.
- 09.0 Organize, plan, and perform household tasks including home maintenance and repairs.
- 10.0 Plan for housing and home furnishings.
- 11.0 Demonstrate leadership and organizational skills.
- 12.0 Demonstrate appropriate basic skills essential to working in home and family management.

Florida Department of Education
STUDENT PERFORMANCE STANDARDS

Program Title: Home And Family Management
Postsecondary Number: C200101

OCCUPATIONAL COMPLETION POINT - DATA CODE A

HOMEMAKER - 309.365-010

- 01.0 ANALYZE THE PHYSICAL, EMOTIONAL, INTELLECTUAL AND SOCIAL GROWTH AND DEVELOPMENT OF FAMILY MEMBERS--The student will be able to:
- 01.01 Identify the levels of basic human needs as outlined by Maslow's Hierarchy and discuss how each level affects personal development.
 - 01.02 Describe factors that influence personality development including heredity and environment.
 - 01.03 State how a positive self-concept helps build good relationships with peers and parents; success at school and on the job.
 - 01.04 Identify the components of high self-concept or low self-concept.
 - 01.05 Analyze varying family structures and identify ways that families differ.
 - 01.06 Describe family roles and responsibilities and discuss the importance of each family member's part in daily household duties.
- 02.0 MANAGE INTERPERSONAL RELATIONSHIPS--The student will be able to:
- 02.01 Demonstrate effective listening techniques.
 - 02.02 Describe nonverbal and verbal communication and their implications.
 - 02.03 Define stress and a stressor.
 - 02.04 Plan family leisure time activities that would be enriching for all family members.
 - 02.05 Describe ways tobacco, alcohol, and drug abuse affect children and family life.
 - 02.06 Compile a list of community support systems and organizations that help individuals and families.
 - 02.07 Use problem-solving techniques to resolve family conflicts.
- 03.0 PLAN FOR CHILD CARE AND PARENTING--The student will be able to:
- 03.01 Describe responsibilities of parenting and childcare.
 - 03.02 Define bonding and its impact on the development of the child.
 - 03.03 Define role model and describe how a role model may contribute to the development of a child.
 - 03.04 Outline the physical and motor development of children from birth to age five years.
 - 03.05 Identify activities that will stimulate intellectual, physical, emotional and social development in a child at a given age.
 - 03.06 Evaluate toys for safety and appropriateness.
 - 03.07 Describe ways parents can develop and maintain an open relationship with children.

- 03.08 Develop a list of sources for prenatal care, child development information and care including information on choosing child care services.
 - 03.09 Identify ways to foster positive social and emotional development in children.
- 04.0 MANAGE HUMAN AND MATERIAL RESOURCES--The student will be able to:
- 04.01 Outline the steps involved in the decision-making process.
 - 04.02 Identify a goal statement and set short-term and long-term objectives.
 - 04.03 Describe how values, goals, and behaviors are developed and interrelated.
 - 04.04 Explain principles of management as they relate to human and material resources.
- 05.0 PROVIDE FOR HEALTH, SAFETY AND SECURITY--The student will be able to:
- 05.01 Develop a list of home safety rules.
 - 05.02 Develop a family plan for emergencies in the areas of special health needs, fire, accidents, and natural disasters.
 - 05.03 Develop a list of community emergency services and first-aid supplies for family use.
 - 05.04 Develop a list of basic first-aid supplies used for minor household emergencies.
- 06.0 MANAGE FINANCES FOR THE HOME AND FAMILY--The student will be able to:
- 06.01 Define economic indicators and their impact on individual and family spending.
 - 06.02 Identify money-saving techniques and ways to increase income.
 - 06.03 Compare differences in cash versus credit purchases.
 - 06.04 Describe the steps in establishing checking and savings accounts.
 - 06.05 Develop a family budget.
 - 06.06 Develop guidelines for a family possession inventory for insurance purposes.
 - 06.07 Describe various insurance needs for individuals and families.
 - 06.08 Develop a record-keeping system for tax purposes.
 - 06.09 Demonstrate appropriate telephone use for personal and business calls.
 - 06.10 Use appropriate paragraph structure, correct spelling and standard letterform for consumer inquiries.
- 07.0 PLAN, PREPARE, AND SERVE NUTRITIOUS FOOD--The student will be able to:
- 07.01 Plan and prepare nutritionally balanced menus.
 - 07.02 Describe comparison-shopping techniques.
 - 07.03 Explain how food preferences and special dietary needs affect family food choices.
 - 07.04 Plan menus using convenience foods.
 - 07.05 Develop a "food-shelf" plan for meeting emergency needs of the family.

- 07.06 Demonstrate table settings for a variety of eating occasions.
- 07.07 Identify a nutritionally balanced meal from a fast food restaurant and a family food service establishment.
- 07.08 Identify rules of etiquette for serving and eating food.
- 08.0 PLAN, PROVIDE, AND CARE FOR CLOTHING--The student will be able to:
 - 08.01 Use the principles of wardrobe planning to provide for individual and family clothing needs.
 - 08.02 Operate and care for a sewing machine.
 - 08.03 Make simple garment repairs.
 - 08.04 Use a basic commercial pattern to construct a garment.
 - 08.05 Use the fabric-care instructions found on garments.
 - 08.06 Identify maintenance skills in caring for a personal wardrobe.
- 09.0 ORGANIZE, PLAN, AND PERFORM HOUSEHOLD TASKS, INCLUDING HOME MAINTENANCE AND REPAIRS--The student will be able to:
 - 09.01 Select and use cleaning supplies and materials for basic interior/exterior house cleaning and maintenance.
 - 09.02 Develop a cleaning schedule that incorporates timesaving methods for cleaning the home.
 - 09.03 Identify professional cleaning services.
 - 09.04 Develop a plan for storing cleaning supplies.
 - 09.05 Use the washer and dryer in caring for household fabrics.
 - 09.06 Use sanitary and recycling procedures for the disposal of trash and garbage.
 - 09.07 Develop a "do-it-yourself" file for home maintenance and repairs.
 - 09.08 Develop a filing system for home-care and maintenance records.
- 10.0 PLAN FOR HOUSING AND HOME FURNISHINGS--The student will be able to:
 - 10.01 Identify housing costs.
 - 10.02 Identify types of housing and family-housing requirements.
 - 10.03 Identify and interpret insurance and legal responsibilities in providing housing.
 - 10.04 Explain factors that affect utility costs for families.
 - 10.05 Identify energy-saving techniques.
 - 10.06 Develop guidelines for selecting and acquiring household furnishings.
- 11.0 DEMONSTRATE LEADERSHIP AND ORGANIZATIONAL SKILLS--The student will be able to:
 - 11.01 Identify vocational student organizations related to family life.
 - 11.02 Identify purposes and functions of vocational student organizations.
 - 11.03 Identify roles and responsibilities of members.
 - 11.04 Work cooperatively as a group member to achieve organizational goals.
 - 11.05 Demonstrate confidence in leadership roles and organizational responsibilities.
 - 11.06 Demonstrate commitment to achieve organizational goals.
 - 11.07 Develop a personal-growth project.

11.08 Investigate competitive events for vocational youth organizations.

12.0 DEMONSTRATE APPROPRIATE BASIC SKILLS ESSENTIAL TO WORKING IN HOME AND FAMILY MANAGEMENT--The student will be able to:

12.01 Identify the mathematics knowledge, skills, and attitudes necessary to perform the occupation of homemaking.

12.02 Identify the communication knowledge, skills, and attitudes necessary to perform the occupation tasks for homemaking.

12.03 Identify the scientific skills, knowledge, and attitudes necessary to perform the occupation tasks for homemaking.